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PAGES 8 & 9



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Monday, February 11, 2013



News  
worth  
sharing.

# Tories prep scenarios with cuts

## Provincial budget.

'Everything is on the table,' says deputy minister, less than a month from big reveal



**JEREMY NOLAÏS**  
 Metro in Calgary

Alberta government ministries are projecting what cuts of five and 10 per cent would do to their departments, as the ruling Tories wrangle with a \$6-billion operating budget shortfall, a source familiar with the process says.

But details of those projections are being kept under wraps with still nearly a month to go until the March 7 provincial budget reveal.

Deputy Premier Thomas Lukaszuk confirmed that all ministries are being asked to explore the potential of operational funding reductions, but refrained from specifying exact numbers.

## Quoted

**"You don't have to be a visionary to imagine that, overall, our spending will go down ... there really are no sacred cows."**

Deputy Premier Thomas Lukaszuk

"You have to make sure that you affect budgets, shall we say, surgically, and see what the outcomes would be and whether there would be any unanticipated consequences," Lukaszuk said. "You don't have to be a visionary to imagine that, overall, our spending will go down ... there really are no sacred cows."

A source familiar with the budget process speaking on the condition of anonymity told Metro the five and 10 per cent scenarios are being looked at as well as a potential public sector wage freeze.

David Eggen with the Alberta NDP said the province has a revenue problem that

can only be solved with tax or royalty increases, an option the government has repeatedly rejected.

Eggen warned cuts could affect the everyday lives of Albertans.

"You can't make something from nothing and so, with this revenue problem, they ultimately will make cuts that will involve longer waiting times at hospitals and larger class sizes in schools and layoffs," he said.

Derek Fildebrandt with the Canadian Taxpayers Federation said 10 per cent operating budget cuts are possible, but added he isn't holding his breath.

"So far the word we've heard from the government is they will be curtailing increases in spending, which would have been fine if that's what we did five years ago and every year since," he said, adding, typically, nice-to-have areas like tourism will bear the brunt of rollbacks before need-to-have areas like health care.

WITH FILES FROM RYAN TUMILTY AND THE CANADIAN PRESS

## The letter Q is for quitting

Education expert says 40 per cent of new Alberta teachers are leaving within 5 years

## Boring cash for Canadians

Bank of Canada picked trains over turban for the new bills. We would've picked cats

## Tough love in a soft world

Do your kids a favour and tell 'em the truth about their talents (and lack thereof)



# Fun. singer gets the STORY STRAIGHT

Fun. singer Nate Ruess performs at the 55th annual Grammy Awards on Sunday. Fun.'s catchy anthem We Are Young took the award for best song, and the soon-to-be 31-year-old Ruess had a clever crack ready. "Oh, God. I don't know what I was thinking ... if this is in HD, everyone can see our faces and we are not very young," said Ruess. The band was nominated for six Grammys. More Grammys coverage, page 13. For full results, visit metronews.ca CHRISTOPHER POLK/GETTY IMAGES

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106th and 103rd

## Police encounter stabbing victim at apartment

Edmonton police officers spent Sunday investigating a stabbing at an apartment building north of the downtown core.

Officers were called to an apartment building at 106th Avenue and 103rd Street around 3:20 a.m. Sunday morning, said acting Staff Sgt. Dean Robertson.

"When they got there they found a male who had been stabbed," Robertson said.

The victim was taken to hospital for treatment. "He's serious but stable condition," Robertson said.

Investigators interviewed witnesses as the victim recovered in hospital.

"Members are still talking to witnesses," Robertson said.

ANNALISE KLINGBEIL/METRO

iHuman Youth Society

## Youth centre robbed and vandalized

The iHuman Youth Society was targeted by thieves Friday night.

Sometime that evening, someone broke into the youth facility and stole electronics and recording equipment while also damaging some of the art in the building.

Police are investigating the incident, but there was no immediate information about any suspects.

The society's executive director said they would persevere through the problem.

"A family pulls together when there's a difficulty and does its best. That's what we're going to be doing in this case," said executive director Catherine Broomfield. **METRO**



Students play in an Edmonton kindergarten classroom. A high number of new teachers in Alberta aren't staying in the profession. METRO FILE

# A new generation of dropouts — teachers

**Education.** Forty per cent of new teachers leaving within five years, expert says

ANNALISE KLINGBEIL  
annalise.klingbeil@metronews.ca

Go to university. Get a teaching certificate. Get a job as a teacher. Quit.

It's concerning how many teachers in Alberta are following that path, say those in the education field.

Forty per cent of new teachers in Alberta will leave the field within five years, said John G. Bradley, associate professor of education at McGill University.

By comparison

"Imagine if police forces lost 40 per cent, or engineers or nurses lost 40 per cent. People would be screaming."

John G. Bradley, associate professor of education at McGill University

"Imagine if police forces lost 40 per cent, or engineers or nurses lost 40 per cent. People would be screaming," Bradley said. "We're not because there's always a group of new people coming behind them."

An enormous number of new teachers are quitting because of physical and verbal abuse by students as well as false accusations of misconduct through the use of social media and cellphone cameras, said Bradley.

"A lot of teachers, I think, have been trapped in this morose of people making accusations about them," he said.

The number of new teachers leaving the field within five years is closer to 30 per cent, said Mark Yurick, co-ordinator of professional development with the Alberta Teachers' Association (ATA).

While the number of beginner teachers leaving is "a significant concern," the

ATA is working on the issue. The group sponsors a beginning teachers conference and has formalized mentoring opportunities to keep new teachers, Yurick said.

He added that a five-year research study that began in 2008 and followed 135 new teachers in Alberta will conclude this year.

According to Bradley, a lack of data collected on the "crisis" and no exit interviews with staff who quit means no one actually knows why so many teachers are leaving.

"I don't think there's one minister of education or senior bureaucrat that can explain to me why they don't know why their teachers are leaving — and that's appalling," he said.

1 NEWS

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## Rossdale. Power plant would require major investment: Report

A report going to city council's executive committee Monday reveals it would cost nearly \$90 million to re-purpose the Rossdale Power Plant as the city had hoped.

The report, which comes at Mayor Stephen Mandel's request, outlines another \$7 million worth of funding that would be necessary just to stabilize the buildings.

Among those needed repairs, is money to stabilize one wall and replace the roof of the Boiler Hall on the property.

The power plant is a his-

### Property transfer

- According to the report, EPCOR would like to transfer the property to the city early this year.

toric site and the city and EPCOR have discussed repurposing it to allow it to be used as a historic space.

METRO

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### 25-year-old charged

## Alleged drunk driver collides with police cruiser

A 25-year-old man has been charged with impaired driving after four alleged hit-and-run collisions in downtown Edmonton early Friday morning, including one

involving a police cruiser.

Around 3 a.m. Friday, an EPS patrol car was sideswiped by a 2007 Chevy Trailblazer.

Chad Scott Nelson, 25, has been charged with four counts of criminal hit and run, dangerous driving, impaired driving, and operating a motor vehicle with a blood alcohol level over the legal limit.

METRO

# Pet-rescue worker blames heat pads for burns on dog



Chico the Chihuahua is recovering from serious skin burns. METRO/CONTRIBUTOR

## Chico. Executive director of rescue society believes heating pads caused extensive wounds

ANNALISE KLINGBEIL

annalise.klingbeil@metronews.ca

It's been a rough couple of months for Chico.

The black and white Chihuahua was given to an Edmonton-based non-profit after his owner discovered the dog needed all of his teeth removed.

The owner, who purchased Chico on Kijiji, couldn't afford the expensive surgery and sur-

### Wounds

"Because of the size of the wounds and what not, I honestly thought he was going to die."

Lindsay Zomers, executive director of AROS

rendered the dog to Animal Rescue and Outreach Society (AROS).

Chico underwent dental surgery in late December and the toothless pooch appeared to be doing fine, said Lindsay Zomers, executive director of AROS.

Soon, staff noticed sores near the tiny dog's back legs, which Zomers believes were caused by heating pads used during the dental surgery.

"Because of the size of the wounds and what not, I honestly thought he was going to die," Zomers said.

After several weeks of care and more than \$1,600 spent on treatment, Chico's injuries are beginning to heal.

"He might never have hair again in those spots. It's pretty brutal," Zomers said.

Zomers thinks pet owners should be warned about what she believes are dangers of using electric heating pads, which are routinely used to keep a dog warm after surgery.

She's looking for a lawyer and won't name the dental clinic where she believes the burns were caused.

THE WAY AHEAD

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Northgate Lions Seniors Recreation Centre, 7524-139 Avenue NW

The City of Edmonton wants your input on two projects: *Complete Streets* and *Designing New Neighbourhoods*. City staff will be available at the meetings to share information and answer your questions.

### FOR MORE INFORMATION

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THE WAY WE MOVE

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This year, the City of Edmonton will install 23 km of on-street bike routes. These meetings will be an opportunity to learn more and share your feedback. You can also view the design plans and provide your input online at [edmonton.ca/cycling](http://edmonton.ca/cycling).

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6 p.m. to 8:30 p.m. | Presentation offered at 6:30 p.m. and 7:30 p.m.

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6 p.m. to 8:30 p.m. | Presentation offered at 6:30 p.m. and 7:30 p.m.

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- » 145 Street (95 Ave to 96 Ave)
- » 96 Avenue (142 St to 145 St)
- » 142 Street Service Roads (96 Ave to Summit Dr)

#### 81 Street

- » 81 Street (119 Ave to Yellowhead Tr)
- » 119 Avenue (76 St to 82 St)
- » 78 Street (117 Ave to 119 Ave)

#### Saddleback Road

- » 112 Street (Saddleback Rd to 30 Ave)
- » 31 Avenue (30 Ave to 113 St)
- » 113 Street (31 Ave to 34 Ave)
- » Saddleback Road (111 St to 112 St)
- » 25 Avenue (Saddleback Rd to 119 St)

#### 115/116 Street

- » 116 Street (71 Ave to 73 Ave)
- » 73 Avenue (115 St to 116 St)
- » 115 Street (73 Ave to University Ave)

#### 114/115 Street

- » 114 Street (34 Ave to 44A Ave)
- » 115 Street (46 Ave to 60 Ave)

#### 106 Street & 40 Avenue

- » 106 Street (34 Ave to 51 Ave)
- » 40 Avenue (106 St to 119 St)

#### 76 Avenue & 100 Street

- » 76 Avenue (78 St to 100 St)
- » 100 Street (76 Ave to Saskatchewan Dr)

#### 97 Street

- » 97 Street (63 Ave to 82 Ave)

#### 132 Avenue

- » 132 Avenue (82 St to 91 St)

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The hunt in the San Bernardino mountains for a former police officer, wanted in three killings, entered a fourth day Sunday. JAE C. HONG/THE ASSOCIATED PRESS

# \$1-million reward laid in manhunt for ex-cop

**Los Angeles.** Police say taunting call made to father of one of the suspect's alleged victims

Seeking leads in a massive search, Los Angeles authorities on Sunday put up a \$1-million reward for information leading to the arrest of Christopher Dornier, the former police officer suspected in three killings.

"Hopefully, the reward will motivate people that may be involved with assisting him or might be reluctant to talk to us to call us and to put an end to this," LAPD Sgt. Rudy Lopez said ahead of the announcement.

Meanwhile, authorities said camping gear was found along with weapons inside Dornier's burned-out pickup truck. The vehicle found Thursday in the ski-resort town of Big Bear was so charred that investigators couldn't be more specific about the nature of its contents, Lopez said.

Also Sunday, police investigated a taunting phone call that may have been made by Dornier to the father of the woman they believe he killed last week. Two law enforcement officers, who requested anonymity, said they are trying to determine if the call was made by the 33-year-old

## At a glance

Los Angeles Mayor Antonio Villaraigosa announced the reward on Sunday.

- **Search.** Law-enforcement teams continue to scour snow-covered mountains near where the fugitive's charred truck was found Thursday.
- **Allegations.** Authorities say Dornier has vowed revenge against several former police colleagues whom he blames for ending his career.

fugitive or an imposter.

SWAT teams with air support and bloodhounds fanned out for the fourth day to search for Dornier.

The effort was significantly scaled back as the weekend went on, with 25 officers and a single helicopter looking for clues in the forest and going door-to-door at some 600 cabins in the San Bernardino mountains, about 80 miles northeast of downtown Los Angeles.

On Saturday, Chief Charlie Beck said officials would re-examine the allegations by Dornier that his law enforcement career was undone by racist colleagues.

THE ASSOCIATED PRESS

## New Orleans

### Four shot during Bourbon St. party

Gunfire wounded four people on New Orleans' famed Bourbon Street on Saturday night as a costumed crowd partied amid the countdown to the Mardi Gras festival, according to police and bystanders.

In a video taken by a witness, four shots ring out, followed by screams as some in the crowd stagger.

Police said in an email

that an argument involving one victim led to the shooting. They described the video as showing two men leaving the argument and returning with a third, then approaching the victim and shooting.

No arrests were immediately reported.

Two men and two women were wounded, New Orleans police said. One male victim was in guarded condition Sunday with shots to the abdomen, thigh and pelvis.

THE ASSOCIATED PRESS

## Washington state

### Senior citizen pulls out football training to help stop felon

An 82-year-old Longview, Wash., man said he was a little sore but otherwise OK after tackling a felon, helping police catch a man one-third his age.

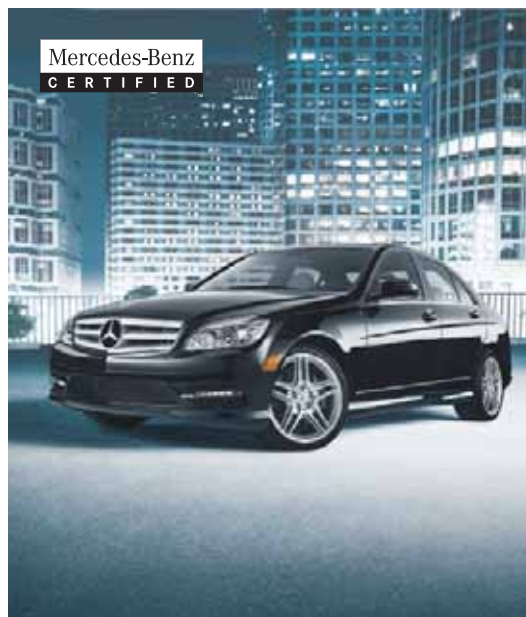
Terry Miracle was weeding in his garden Friday when he heard a commotion. Police were chasing a burglary suspect, identified

as 27-year-old Morgan Perry Bluehorse.

Longview's The Daily News reports that as officers chased the suspect through yards and over fences, Miracle could hear them coming. He told the newspaper he got in position, and as the suspect came around the house, he remembered his football training.

He launched a "cross-body block," tripping him up and giving police time to catch him.

THE ASSOCIATED PRESS



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# Digging out after the storm



Keith Tobin hauls a bucket of snow down the street while shovelling out his car in Boston, Sunday.

WINSLOW TOWNSON/THE ASSOCIATED PRESS

## Dangerous weather.

At least 11 deaths in the U.S. and four in Canada were blamed on the snowstorm

About 310,000 homes and businesses remained without power Sunday as the U.S. Northeast and Canada dug out from a blizzard that dumped up to a metre of snow on the most densely populated part of the region. The death toll was at 15.

Some motorists had to be rescued after spending hours stuck in wet, heavy snow. Utilities in some hard-hit New England states predicted that the storm could leave some customers in the dark at least until Monday.

"We've never seen anything like this," said county official Steven Bellone of New York's Long Island, where hundreds of drivers had been caught on highways by Friday's fast-moving storm. Local police said Sunday that all

known abandoned cars were searched and no one needing medical help was found.

At least 11 deaths in the U.S. and four in Canada were blamed on the snowstorm, including an 11-year-old boy in Boston who was overcome by carbon monoxide as he sat in a running car to keep warm while his father shovelled Saturday morning.

Roads were impassable, and cars were entombed by snow drifts. Some people couldn't open the doors of their homes.

Blowing with hurricane-force winds, the storm hit hard along the heavily populated corridor between New York City and Maine.

New York City's three major airports — LaGuardia, Kennedy and Newark, New Jersey — were up and running by late Saturday morning after shutting down the evening before. Boston's Logan Airport resumed operations late Saturday night.

Most of the power outages were in Massachusetts.

THE ASSOCIATED PRESS

## Liberal leadership

### MP wants to help indebted students

Liberal leadership hopeful Marc Garneau would do away with the current requirement that post-secondary students begin paying off student loans six months after graduation.

The Montreal MP would give students an indefinite grace period, requiring graduates to start repaying loans only after they've found work paying \$40,000 per year.

THE CANADIAN PRESS

## Struck by falling net

### Boy, 9, killed in hockey accident

A nine-year-old boy is dead after an accident at an outdoor rink in a municipality northeast of Montreal.

Quebec provincial police say the boy was playing hockey alone at around 9 a.m. Saturday when a hockey net fell on top of him. Two municipal workers in Saint-Severin found the boy lying on the ice, underneath the net. THE CANADIAN PRESS

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## Africa aid. Government grants funding to anti-gay religious group

An evangelical organization that describes homosexuality as a "perversion" and a "sin" is receiving funding from the Government of Canada for its work in Uganda, where gays and lesbians face severe threats.

The federal government has denounced virulent homophobia in that East African country, and Foreign Affairs Minister John Baird has condemned plans for an anti-gay bill that could potentially include the death penalty for homosexuals.

At the same time, the government is providing \$544,813 in funding for Crossroads Christian Communications — an Ontario-based evangelical

### 'Specific objectives'

Crossroads spokeswoman Carolyn Innis told The Canadian Press in an email that the projects funded by CIDA do not include evangelical work and are focused on specific objectives.

group that produces television programming — to help dig wells, build latrines and promote hygiene awareness in Uganda through 2014.

The organization is being funded by the Canadian International Development Agency.

THE CANADIAN PRESS

### Canary Islands

## Falling lifeboat kills 5 crewmen aboard

A lifeboat being used for a safety drill aboard a cruise ship in Spain's Canary Islands fell about 20 metres into a port on Sunday when a cable snapped, trapping crew members beneath it and killing

five of them, officials said.

None of the hundreds of passengers aboard the British-operated vessel were involved in the accident, which also injured three crew members, said the Canary Islands port authority.

The dead crewmen included three Indonesians, a Filipino and a Ghanaian.

THE ASSOCIATED PRESS

# At least 36 dead, dozens injured at Hindu festival



An injured woman who survived a stampede on a railway platform is carried away in Allahabad, India, on Sunday. At least 10 Hindu pilgrims attending the Kumbh Mela were killed and more than thirty were injured, according to government sources. KEVIN FRAYER/THE ASSOCIATED PRESS

## Deadly stampede.

India's railway minister orders inquiry into fatal trampling caused by overcrowding

The death toll from a stampede in a train station rose to 36 on Monday in a northern India city where millions of devotees had gathered for a Hindu festival that is one of the world's largest religious gatherings.

At least 36 other pilgrims were injured in the crush in the city of Allahabad, said medical superintendent Dr. P. Padmakar of the main state-run hospital. Padmakar said 23 of the dead were women.

### Mythical roots

According to Hindu mythology, the Kumbh Mela celebrates the victory of gods over demons in a furious battle over nectar that would give them immortality.

Tens of thousands of people were in the city's main rail station waiting to board a train when railway officials announced a last-minute change in the platform, forcing people to rush there, eyewitnesses said.

Police stopped the throng from crowding onto a footbridge and had to use batons to stop the crowds from surging forward.

Indian television stations showed large crowds pushing and jostling at the train station as policemen struggled to restore order.

"There was complete chaos. There was no doctor or ambulance for at least two hours after the accident," an eyewitness told NDTV news channel.

An estimated 30 million Hindus were expected to take a dip at the Sangam, the confluence of the Ganges, the Yamuna and the Saraswati rivers on Sunday, one of the holiest bathing days of the Kumbh Mela, or Pitcher Festival. The festival lasts 55 days and is one of the world's largest religious gatherings.

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## The lost art of analog amour

Allow us to resubmit for your approval a treasured artifact of romantic history: The love letter.

In the Facebook era, it's the height of romance "because there is a certain level of effort behind love letters, especially because we're so wired today," said Dr. Azadeh Aalai, a psychology professor at Montgomery College in Montgomery County, Md. "If you're sending a text, you don't know if it's being sent to multiple people. How many people even know the addresses of their friends and acquaintances?"

Records of love letters have been found as far back as Ancient Egypt, and as recently as every other pop song. A love letter is meas-

ured against the all-time-best examples of the form by its ability to flatter the recipient and reveal how the sender feels about that special someone — and, most importantly, by whether it has been penned by hand.

"People still appreciate having something tangible," said Tracy Steinberg, a dating coach and flirting expert based in New York. "I'm not dismissing the value of a sweet text or email, but there is something nice about having a letter that your lover gave you."

Science supports this. Aalai said that there's a different psychological connection made when a person sees a written signature versus a typed name. On top of that, the

short hand and acronyms we use while typing doesn't hold the same "prose and beauty" of the written word.

Dianne Gottsman, a national etiquette expert and the owner of the Protocol School of Texas in San Antonio (yes, that place really exists), said that the difference between a handwritten love letter and an email is similar to the difference between showing up to a date with your hair combed and a clean shirt versus showing up with messy hair and a wrinkled shirt.

"For a special occasion, it feels much better to receive something that you've put more effort into," she said.

**MICHELLE CASTILLO/  
METRO WORLD NEWS**

# MATCHMAKER,

## Traditional dating.

The ancient art of matchmaking is alive and well, even in today's digital world

**ANNALISE KLINGBEIL**

annalise.klingbeil@metronews.ca

Krystal Walter was fed up.

"It's just been a complete nightmare," the 30-year-old said.

Walter's search for love led her online at first, and then on dates with men that "didn't have legal jobs" and even a doctor who, according to her research, had a suspended medical licence.

"You don't want to go on a date with someone and Google them and find out horrible things," Walter said.

Spending \$2,000 on an unsuccessful visit to a professional matchmaker was the breaking point that spurred Walter to venture into an old-fashioned profession and start her own matchmaking company.

She's hopeful her clients, who range in age from 25 to 45, will have better luck in their search for Mr. or Mrs. Right through her recently launched Edmonton-based company, Krystal Walter Professional Matchmaking.

Walter personally meets every client and each must undergo an interview and complete a background check before they're matched.

Carmelia Ray is an On-



**Quoted**

**"Call us old-fashioned, call us what you want, but we take a very personal approach to dating."**

Melissa Brown, president of matchmaking company It's Just Lunch

tario-based matchmaking specialist who believes matchmaking is a great option for singles looking for an alternative to finding love online.

Ray said the majority of clients she sees have dabbled in online dating and realized it's simply not for them.

"Some of them have been very frustrated with online dating so they're turning to a matchmaker," she said.

Ray listed the lack of safety and security online, and time needed to sort through profiles, as reasons why some singles find it difficult to locate the perfect match through online dating websites.

Amanda Meyer is leery of the online dating scene. While she didn't turn to matchmaking, she found her man in a similarly "traditional" fashion.

After meeting her future husband through a mutual acquaintance, they spent several months as friends before starting to date. They're celebrating their seventh wedding anniversary this month.

"There was a nice progression. We were friends first, so we were comfortable and we knew each other," Meyer said.

"We always sort of joke we don't even really have a dating anniversary because it really was sort of a transition between friendship to dating."

Meyer said she has friends who've given online dating a try and while she's not against meeting your potential future spouse through the Internet, she thinks it can be "a little sketchy."

"People put up profiles and they can advertise themselves falsely, whereas I knew him and I knew where he worked and I knew he wasn't lying and wasn't false advertising himself."

In-person meetings are still essential, according to matchmakers.

Melissa Brown is president of It's Just Lunch, an international company that uses matchmakers to pair clients — who are typically busy professionals — on lunch dates.

The business began in Chicago more than two decades ago in a pre-Internet age and since then, "it's just con-

### Learn from the masters

## Great moments in love-lettering

Dr. Azadeh Aalai, a psychology professor, analyzes two classics of the hallowed form.

Marlon Brando to Stewardess

Dear Lady —

There is something not quite definable in your face — something lovely, not pretty in conventionally thought of way. You have something graceful and tender and feminine.

You seem to be a woman who has been loved in her childhood, or else, somehow by the mystery of genetic phenomena you have been visited by the gifts of refinement, dignity and poise. Perhaps you cannot be accredited with all that.

Irrespective of your gothic aspects, you have passed something on in terms of your expression, mien and general comportment that is unusual and rewarding.

It's been a pleasant if brief encounter and I wish you well and I hope we shall have occasion to cross eyes again sometime.

Best wishes  
Marlon Brando

**Dr. Aalai says:**

"The spontaneity of Brando to a woman he didn't even know was noteworthy and I think adds the dimension of spontaneity or the unexpected to a love letter. It doesn't have to be to someone you know intimately; it can be to someone you feel a fleeting connection to that you want to notice you or to let them know they have been noticed."

Frida Kahlo to Diego Rivera

Diego, my love,

Remember that once you finish the fresco we will be together forever once and for all, without arguments or anything, only to love one another.

Behave yourself and do everything that Emmy Lou tells you.

I adore you more than ever.

Your girl, Frida  
(Write me)

**Dr. Aalai says:**

"Frida's letter struck my fancy because of the kiss she left with the lipstick stain — very tangible and sexy and passionate. And hers was short but tender and sweet."

### Advice, free of charge

## First-date dos and don'ts

Whether you meet online, through a matchmaker or in the lineup at the grocery store, once you snag that first date it's important to make a good impression if you want to get to date No. 2.

Matchmakers Carmelia Ray, Krystal Walter and

Melissa Brown offered these tips:

**Do talk about interests, hobbies, family, vacation spots and other appropriate first-date topics.**

"Not diving into political discussions or talking about ex-relationships," Brown recommended.

**Do be on time.** "First impressions are really everything," Brown said.

**Do keep the first date short.** "Chances are you'll find out halfway through

the dinner if you're interested," Walter said.

**Don't text or email a lot before the date.** "Just get on the phone and make a date," Walter said.

**Don't be negative, Do be positive.** "I think attitude is a really important tip when it comes to dating," Ray said.

**Do mind your manners.** "Gentlemen, play the role of a gentleman; and women, be lady-like," Ray said.

**METRO**

### The way we were

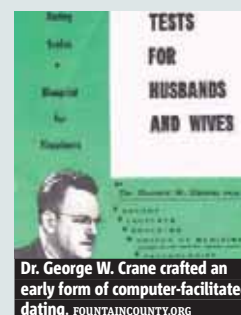
## A history of dating services

- **1700:** The first personal ads are placed in British newspapers to match singles in their early 20s.



**Dating goes higher-tech.**

BIBLIOTHECA/FLICKR



**Dr. George W. Crane crafted an early form of computer-facilitated dating.** FOUNTAINCOUNTY.ORG



# MAKE ME A MATCH



Good-old-fashioned matchmakers say online dating can't compare to the personal touch they offer. HEATHER MCINTYRE/METRO

tinued to grow," Brown said. "Even with the introduction of the Internet and online dating services, you still really truly cannot have that chemistry unless you meet someone face-to-face. Call us old-fashioned, call us what you want, but we take a very personal approach to dating," she said.

The act of matchmaking itself is certainly old-fashioned. Long ago, professional matchmakers worked in Jewish communities in

Eastern Europe and Russia, as famously portrayed in the musical *Fiddler on the Roof*. Matchmakers also existed in traditional Japanese and Chinese cultures.

At It's Just Lunch, clients meet for a confidential interview with one of the company's dating specialists, who are trained matchmakers, before being paired with other clients.

The matchmakers even arrange the details of the date, meaning clients, who range

in age from their 20s to their 50s and whose professions include doctor, lawyer, teacher and entrepreneur, simply show up for their lunch date.

"It's casual, it's stress-free and it's relaxed. Within an hour you can pretty much get an idea if you want to see that person again," Brown said.

For Walter, matchmaking is about quality over quantity. "Some people like to have the quantity. That's one thing that draws people to online dating," she said.

Most matchmakers meet their clients in person and do background checks, meaning potential dates are screened in a way that's not possible on many online dating websites.

Ray added that in today's digital world, matchmaking is a sound option for singles who don't want to spend their time clicking through profiles online.

"Online dating obviously has helped matchmakers," she said.

## THE COURSE TO TRUE LOVE NEVER DID RUN SMOOTH



### PERSONAL PERSPECTIVE

Darren Krause  
darren.krause@metronews.ca

I experimented with Lavalife once. For two weeks. Nearly 10 years ago.

It was right after I separated from my first wife. Go figure.

It involved clicking through a catalogue of best-foot-forward photos after inputting search parameters to weed out the logical mismatches.

While it was free to wink, I had to pay to play, so-to-speak. I paid about \$20 once to charge up my Lava credits so I could make contact with prospective matches via email or instant message.

This resulted in the arrangement of a sporadic but cordial instant-message conversation. I suspected the person on the other end was engaged in a couple of IMs at the same time, with responses only coming every few minutes.

I ended my online love exploits shortly thereafter. Traditional dating was going to be more my speed. It was just more "me."

What I feared about online dating was its impersonal feel. It was orchestrated; it lacked that natural spark two people

have upon first encounter. I feared I would be "matched" instead of loved.

Just not feelin' it

**"What I feared about online dating was its impersonal feel.... I feared I would be 'matched' instead of loved."**

Post-separation I went to a Halloween party. Of course, a man had to have a stand-out costume to get noticed. I dressed up as a milk carton, my face on the back like that of a missing person. The costume was a conversation piece and garnered enough attention from a young woman that it turned into a phone number, a first date, then romance for a few months. It didn't last, but the meeting was comfortable and intriguing. It was natural. Most of my senses were engaged in the process. What I feared about online dating was that in those areas it was lacking.

Shortly thereafter a barista at a southwest Calgary coffee shop caught my eye. I went in most days, always hoping she would be there. It took months of awkward eye contact and the occasional "large Paradiso, no room" for me to muster the courage to ask her out.

We ended up dating for several months.

In the short time I was online dating I never felt that rush of adrenaline. I was shopping for a mate in a giant virtual black book. Binary code forces were matching me instead of cosmic ones bringing people into my life.

Today, I'm happily re-married. I wed a woman I had already known for 15 years. Our lives had intertwined in numerous ways, including the death of her first husband and us living together platonically. We had a history, we had chemistry and now we have two kids.

As a traditional-dating advocate, I always worried I would never suffer the beauty of courtship (failed or otherwise) by submitting to online dating.

While the search for online romance grows in popularity, the end result remains the same: Love.

I can't say whether you get sweaty palms, butterflies and dry mouth when meeting an online date in person for the first time — I never did meet up with anyone via the World Wide Web.

Instead I sought chemistry, a painstaking progression with all the emotional and physical response that goes with the uncertainty of putting yourself out there.

I felt it was something a computer just couldn't match.

- **1957:** Dr. George W. Crane creates a computer dating service, where applicant forms are processed by an early IBM card-sorting machine.



- **1965:** The Dating Game, where one woman questions three men she can't see, debuts on TV.

- **1980s:** Video dating, where users create a video of themselves to be viewed by other customers, gains popularity well into the 1990s.



Tomorrow: The rise of online dating sites and services



The search for love took our columnist online before he decided to opt for the more traditional route. CHINA PHOTOS/GETTY IMAGES



## Drought. Corn shortage forces ethanol plants to halt production for now

The persistent drought is taking a toll on producers of ethanol, with corn becoming so scarce that nearly two dozen ethanol plants have halted production.

The Renewable Fuels Association, an ethanol industry trade group in the U.S., provided data to The Associated Press showing that 20 of America's

211 ethanol plants have ceased production over the past year, including five in January. Most remain open, with workers spending time performing maintenance-type tasks. But ethanol production won't likely resume until after 2013 corn is harvested in late August or September.

THE ASSOCIATED PRESS

## Link. Public input leads to changes in study of wind turbines' health effects

Health Canada says it has tweaked its methods for a study on any links between wind farms and the adverse health effects reported by those living near them.

Ottawa announced last summer it would conduct the study, a decision that was lauded by opponents of the towering turbines.

The department says revisions to the plan were informed by more than 950 comments submitted by residents during a public consultation.

It says changes were made to the assessment of infrasound and a questionnaire to be administered by Statistics Canada.

Results are expected in late 2014. THE CANADIAN PRESS



A worker installs solar panels containing photovoltaic cells at the new Solarpark Eggersdorf in 2012 in Germany. Creating solar panels, marketed as a way to save the planet, actually creates polluted sludge and contaminated water during the manufacturing process. SEAN GALLUP/GETTY IMAGES

# Solar boom fuels waste problem

**Dirtier side.** Solar panels, championed as a greener choice, are creating millions of pounds of sludge, contaminated water

perts say, is not typically considered in calculating solar's carbon footprint, giving scientists and consumers who use the measurement to gauge a product's impact on global warming the impression that solar is cleaner than it is.

After installing a solar panel, "it would take one to three months of generating electricity to pay off the energy invested in driving those hazardous-waste emissions out of state," said Dustin Mulvaney, an environmental studies professor at San Jose State University who conducts carbon footprint analyses of solar, biofuel and natural gas production.

The waste from manufacturing has raised concerns within the industry, which fears that the problem, if left unchecked, could undermine solar's green image at a time when companies are facing stiff competition from each other and from low-cost panel manufacturers from China and elsewhere.

"We want to take the lessons learned from electronics and semiconductor industries (about pollution) and get ahead of some of these problems," said John Smirnow, vice-president for trade and competitiveness at the nearly 500-member Solar Energy Industries Association.

THE ASSOCIATED PRESS

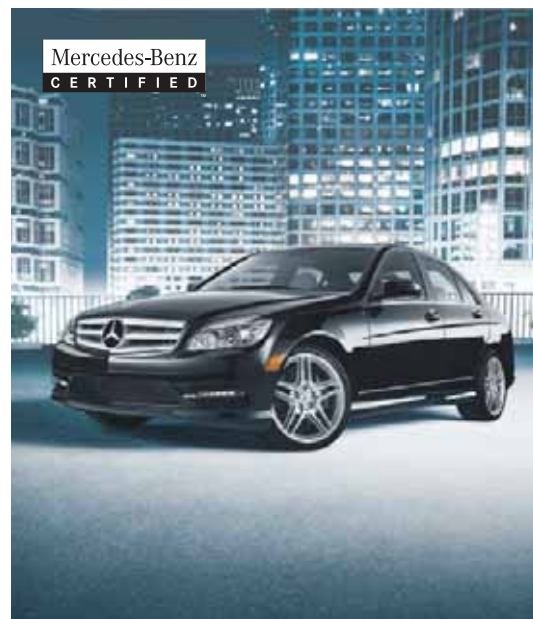
Homeowners on the hunt for sparkling solar panels are lured by ads filled with images of pristine landscapes and bright sunshine, and words about the technology's benefits for the environment — and the wallet.

What customers may not know is that there's a dirtier side.

While solar is a far less polluting energy source than coal or natural gas, many panel makers are nevertheless grappling with a hazardous-waste problem. Fuelled partly by billions in government incentives, the industry is creating millions of solar panels each year and, in the process, millions of pounds of polluted sludge and contaminated water.

To dispose of the material, the companies must transport it by truck or rail far from their own plants to waste facilities hundreds and, in some cases, thousands of miles away.

The fossil fuels used to transport that waste, ex-



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# Boring banknotes: How BoC nixed images of gays, blacks

## Plastic currency.

Research firm was paid \$476K for illustration ideas, but bank went with traditional pics

The Bank of Canada considered celebrating gay marriages, black hockey players and turban-wearing RCMP officers on its new plastic banknotes — but eventually nixed them all in favour of the more traditional images of a train, a ship and a monument.

Internal documents show that focus groups and a Bank of Canada team reviewed a series of currency images intended in part to reflect the diversity of Canada's population, particularly the country's varied ethnic character.

Images that were considered included a Chinese dragon parade, the swearing in of a new citizen, Toronto's annual Caribbean festival, children of different ethnic backgrounds playing hockey or building a snowman, and a person in a wheelchair playing basketball.



The \$100 bill was the first in the Bank of Canada's new series of polymer banknotes. A market research firm hired by the bank found strong support for illustrating the plastic currency with images reflecting Canada's diversity. But in the end, traditional images such as a train, a ship and a monument ended up on the banknotes. THE CANADIAN PRESS FILE

The image catalogue was drawn up in 2008 by The Strategic Counsel, a market research firm hired for \$476,000 to help the bank decide how to illustrate its new series of polymer \$5, \$10, \$20, \$50 and \$100 bills. The first note, the \$100, began circulating in November 2011.

In focus-group discussions and workshops with Canadians in six cities, the consultant found strong support for themes of "diversity, inclusiveness, ac-

ceptance of others/multiculturalism." Eventually, 41 image ideas covering several themes were tested and given scores.

Many images proposed at the start of the process did not make the cut. Rejected were illustrations of a gay marriage, an RCMP officer wearing a turban, and "hockey with a twist ... with a black player."

The reasons for early rejection are not clear in the heavily censored documents, obtained by The Canadian Press under

## What made the cut

- The \$5 note will show robotic arms built for space programs and the \$10 note, a train. The \$20 note depicts the Vimy Ridge memorial in France, while the \$50 has a picture of an icebreaker.

the Access to Information Act.

The Strategic Counsel reports and image lists from 2008 contain other sometimes surprising elements that did not make the grade:

- Images of hockey were rejected by some as they would "glorify a violent sport."
- A suggestion to depict ice wine was rejected by some because "alcohol should not be shown on bank notes."
- Images that included snow "may become more controversial should global warming progress," and are best avoided, said some.
- Pictures of wind turbines and solar panels were rejected because "clean energy is a controversial concept."

THE CANADIAN PRESS

# Cellphone contracts. CRTC begins public hearings on wireless code of conduct

The hot-button issues Canadians have with cellphone contracts — roaming fees, ability to unlock handsets and three-year contracts — will get another opportunity to be heard this week.

The CRTC will hold a week of public hearings starting Monday on its proposed wireless code. The regulator is aiming for a set of national standards for the content and clarity of cellphone contracts.

In the lead-up to the hearings, to be held in Gatineau, Que., Canadians have again made it clear they don't want three-year contracts offered by wireless carriers.

## Contract rage

- The CRTC has said it heard a lot of "anger" from Canadians about three-year contracts when it was putting together the draft version of the national code for wireless services, released last month.

"Eliminate three-year contracts," said a comment submitted on the online forum for the Canadian Radio-television and Telecommunication Commission's draft wireless code.

THE CANADIAN PRESS

## Washington, D.C.

## Cyberattacks could hit 95% of private sector networks: Committee chair

The U.S. is vulnerable to cyber attacks that could shut down financial services or destroy information that companies need

for daily operations, the chairman of the House Intelligence Committee said Sunday. Rep. Mike Rogers said 95 per cent of private sector networks are vulnerable, and most have already been hit. What's being stolen? Personal identities, money from banks and blueprints for next-generation jobs.

THE ASSOCIATED PRESS

# Redford downplays talk of sales tax at summit

Premier Alison Redford says a sales tax isn't on the agenda, even though many of the panelists at an economic summit that her government convened said it could be one solution to the province's fiscal woes.

"Oh, I don't think we're anywhere near that at all. I think the fact that people are beginning to talk about it as an idea is a really important thing," Redford told reporters after the day-long event in Calgary on Saturday. "Ideas are important, but no need to jump the gun on

## By the numbers

# \$6B

Redford's government has said it faces a \$6-billion oil and gas revenue shortfall, mainly due to the inability of Alberta crude to access markets that will pay the best price.

that."

By law, Albertans would need to vote on a provincial sales tax through a referendum.

Alberta has prided itself for decades on being the only prov-

ince not to have a sales tax and Albertans were amongst the most angry when the Conservative government of Brian Mulroney brought in a federal sales tax in the 1990's; two Tory MPs from Alberta left the Conservative caucus in protest.

Among the business people, economists and academics in favour of bringing a sales tax to Alberta were George Gosbee, CEO of investment firm AltaCorp Capital, and University of Calgary tax expert Jack Mintz.

THE CANADIAN PRESS

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# WHEN MURDER HITS CLOSE TO HOME



**URBAN  
COMPASS**  
Terence Harding  
edmonton@metronews.ca

I think it's safe to say that all of us have read about a murder, seen the name of the victim, wondered what the world is coming to and then gotten on with our day.

In the course of my lifetime I have done that numerous times. I have seen the names of many murder victims then have gotten on with being alive. The names I read were soon forgotten.

But that changed for me in January of 2008. The name of a person murdered on New Year's Eve was a name to which I could put a face. It was a name that I had spoken. The name was Steven Mills, a name I will never forget.

I don't expect the name Steven Mills to ring a bell with you. Steven wasn't famous. He wasn't accomplished. He was just a young boy struggling to become a man. He was no angel.

He had his own demons to contend with. But there was no reason not to believe that like many boys before him, he would find a way to step up to the plate and become the man his infant daughter needed him to be.

On the one hand, we could characterize Steven as a nobody, except that nobody is a nobody. Steven, like all those who have died ignominious and senseless deaths, was a somebody to many other somebodies. He was a father. He was a lover. He was a son.

He was a brother. He was a best friend. And he was stabbed to death for no apparent reason on 106th Street just north of 51st Avenue.

Every time I drive up 106th toward the Whitemud, I drive past where Steven lay in the snow bleeding to death and I wonder why. Why would someone want to kill another person they knew nothing about? How much anger has to be inside of you to plunge a knife into a person who is no more than a verbal threat?

I also wonder if the person who killed Steven will ever be caught and punished. I wish there was something more I could do than put words on paper to make that happen. But all I can do is ask you to Google his name and look at the pictures of the persons of interest in his death. Maybe one of you can help all the somebodies in Steven's short life find peace.

## International trade

### Are Canada's polar bear hides about to take a tanning?

Canada is in danger of losing a major international battle over its management of polar bears, with former allies reversing their position and supporting a proposed ban on cross-border trade in parts of the animals.

At stake is a growing and lucrative business for Inuit hunters, who sell the skins as a byproduct of their traditional hunt. A defeat would also be a "warning" to Canada's self-image as a responsible steward of the mighty Arctic predator.

Early next month, countries from around the world will meet in Bangkok to consider changes to the Convention on International Trade in Endangered Species.



**A polar bear mother and her two cubs near Churchill, Man.**

JONATHAN HAYWARD/THE CANADIAN PRESS

Among the proposals is one from the United States that would place polar bear hides, heads or other parts in the same category as elephant ivory, forbidding their cross-border sale.

Canada fought off a similar proposal in 2010 with help from the European Union.

Now, major countries, including the United Kingdom and Netherlands have announced they support a ban. Russia, which has polar bears, also agrees with the U.S. **THE CANADIAN PRESS**

# Waterspout something to sea



ISABELLE FILIPPINI/SOLENT

## Ocean view

### Phenomenon a yacht to take in

It's every sailor's nightmare, but for everyone else a waterspout makes for a jaw-dropping photo.

Here, off the coast of the French island of Corsica, a colossal whirling vortex appears perilously close to a small yacht drifting on the Mediterranean.

Quick-thinking vacationer Isabelle Filippini grabbed her camera to capture the spectacle.

**METRO**

## Waterspout facts

- **Formation.** Created when layers of cool air blowing over the water cause warm, moist air to surge up from underneath.
- **Not sea water.** For a long time, scientists thought the revolving mass of water in a waterspout was in fact from the sea — it's actually a spray of cloud water or condensation.

## Shutter-happy

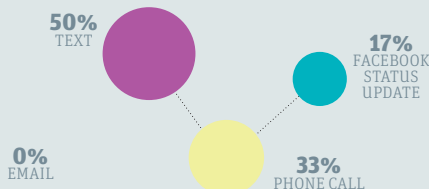
"My family and I had been admiring the sea, despite the low clouds. Then, all of a sudden one of the clouds was pointing towards the sea and I realized it was forming a tornado. I was amazed as the waterspout touched the sea."

Isabelle Filippini, 43, from Paris



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## What's your preferred communication method for setting up a date?



## Twitter

**@mikechyz:** I must look like a drunk driver trying to dodge all these pot-holes! #yeg

**@FACIL:** It's almost funny that the Provincial #curling championships are in Leduc. "The Road to Edmonton" actually exists. #yeg #briar

**@BarkerM55:** I smh every time I pass by the silver elephant poop off Fox dr on the Whitemud #yeg

**@narissa\_singh:** Great day for tobogganning #yeg

**@thetrentwilkie:** I heard that @MayorMandel is going to give a medal to the first person who uses the word 'like' properly today. That is, like, awesome. #yeg

**@Kristinnuendo:** After just 2 short months of living here, it has come to my attention that #yeg has by far the most egotistical tweeters per-capita.



# Looking fine in a Suit & Tie



Justin Timberlake makes a return to the stage at the Grammys on Sunday night. GETTY IMAGES

**Grammy Awards.** Canada's Drake takes home award for best rap album, Timberlake tests out new material and fun. clean up

The 55th Grammy Awards were going in seemingly every direction at once Sunday, with Fun., blues-rock duo the Black Keys, Australian breakout Gotye and sensitive R&B crooner Frank Ocean all racking up major trophies.

Fun. took song of the year and best new artist, with the latter — thought to be hotly contested between Ocean and fun. — seeming to elicit some amusement from the New York trio, who have been together since 2008.

"We're so old!" laughed frontman Nate Ruess, who struck a similar tone when accepting the song of the year award for their sky-scraping anthem We Are Young.

The 25-year-old Ocean picked up awards for best rap/sung collaboration and best urban contemporary album for his wildly ambitious debut commercial release Channel Orange. He's been lauded by critics not only for his intricate, introspective songwriting but also the openness with which he discussed a past gay relationship in a letter to fans — a milestone for R&B music.

In a typically curious Grammys decision, the tune by fun. won song of the year — awarded to the songwriter — but not the performance-based record of the year, which went to three-time winner Gotye. The mop-topped singer was handed

the award by a cane-carrying Prince, and at first could only pay his respect to the pop genius.

"I'm a little bit lost for words to receive an award from the man standing behind us with a cane," he said.

The Black Keys' Dan Auerbach actually led in awards, with his outfit sweeping the rock categories — song, album and performance — while he also took the trophy for producer of the year.

Skrillex, Jay-Z and Kanye West also won three apiece partway through the show.

Justin Timberlake took to the stage after a long break — he recently announced the upcoming release of his first album in seven years. After an assist from Jay-Z, Timberlake smoothly segued into his new tune Pusher Love Girl before being serenaded with an enthusi-

astic reaction.

Carly Rae Jepsen was one of many Canadians to go home disappointed, as she lost out on song of the year and watched pop solo vocal performance go to British powerhouse Adele.

Toronto rapper Drake finally claimed his first Grammy out of 12 nominations.

The 26-year-old took his inaugural hardware in the best rap album category, with his moody sophomore hit Take Care emerging triumphant.

THE CANADIAN PRESS



## Big winners

- Song of the year. We Are Young, fun.
- Rap album. Take Care, Drake.
- Rock album. El Camino, The Black Keys
- Best new artist. fun.
- Record of the year. Somebody that I Used to Know, Gotye.

## Exclusively online

For a full list of Grammy winners visit [metronews.ca](http://metronews.ca).



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Philippe, 2012 Winner

With the money, I was able to pay for my plane ticket to Europe along with the books I needed for a class I took this summer, before leaving. I feel very privileged to benefit from this financial boost - especially in times where we realize that only solidarity is there for the needs of many - and hope to pass forward the beautiful gesture in many ways!

**SCHOLARSHIPS CANADA**.com

## METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### Pop goes the week

#### PETA demands Beyoncé's skin



STARGAZING  
Malene Arpe  
scene@metronews.ca

**PETA is chastising Beyoncé for wearing a halftime outfit made of python and iguana.**

Just wait until PETA sees her costumes for the upcoming tour: a wolf bra, two pairs of dolphin-skin shoes with sea turtle heels, a baby polar bear cape (estimated amount of baby polar bears required: 12 to 17) and an Illuminatiger hat.

**Justin Timberlake denies calling Britney "bitch."** Says Justin, "Can't a person have a conversation about World War II and the British blitz?"

**Alexander Skarsgard and Jack McBrayer are observed having lunch together.** Which explains the sudden weird upsurge in Kenneth the Page and Eric Northman fan fiction.

**Dolce and Gabbana releases a fragrance exclusively for babies.** Great Szantorwx, God of Destruction, Malevolence and Infant-related Justice, Earth is ready for your ruling.

**This week in Events That Make You Loathe Your Own Family Just A Bit Little Less.**

1) Tanning Mom gets drunk and falls down in a nightclub. 2) Bobbi Kristina Brown asks people not to buy her grandmother Cissy Houston's "disrespectful" tell-all Remembering Whitney. 3) Three members of a Nova Scotia family are



arrested for smoking and beligerence on board a flight to the Dominican Republic. 4) A Belgian tattoo artist inks his name in giant letters on his girlfriend's face one day after they met. 5) Octomom gets panicky and calls the school when she can't locate one of her kids, who is later found to be taking a nap at home. 6) Three years after they split, Christina Aguilera's husband is finally moving his stuff out of her house.

**Calvin Klein's ex-boyfriend Nick Gruber says one of the women from Mob Wives: Chicago threatened to kill**

**him with a screwdriver.** Honey Boo Boo, a selection of Swamp People and the entire smoking family from Nova Scotia are all, "no, that's too much."

**Celebrity math.** Question: If Lindsay Lohan really didn't know that she owes her former lawyer \$150,000 and Adele buys her mother a \$950,000 apartment while Harry Styles gets a stripper for his 19th birthday, why was Richard III found in a parking lot? Answer: Because Donald Trump sued Bill Maher for \$5 million over a joke.

TORSTAR NEWS SERVICE

### Twitter



@tyrabanks

Glamorous nights are nice. Reading a book by the fireplace might just be a bit more glamorous for a girl like me. Nighty nite.



@kirstiealley

and lastly, from my pulpit, we have ALL done creepy things. I stress the word ALL. And we would ALL like to be forgiven. Stepping down now



@MarkDuplass

motion to expunge the word "moisten" from the english language. we could also do without the word "expunge" while we're at it.



@MatthewPerry

I'm always thrown when people tweet things that are deeply personal. Why? Why would they do that? I mean, my pants are around my ankles.

## Chris Brown in the headlines again

It looks like Chris Brown's luck isn't getting better anytime soon. The scandal-plagued singer was involved in a car crash this weekend, totalling his car but escaping uninjured, according to E! News. Brown was alone at the time and reportedly told police that he was being chased by paparazzi prior to the crash. "Chris Brown was in a car accident this afternoon after being ruthlessly pursued by paparazzi," his rep says in a statement.



## Bullying

### Canadian view

A survey by Big Brothers Big Sisters of Canada and Invesco Canada Ltd. provides insight into how Canadians view bullying.

Seventy-eight per cent of Canadians say not enough is being done to stop bullying and 94 per cent say teachers and school administrators

share responsibility in trying to curtail the problem.

Among bullied Canadians, 72 per cent said they were teased in a way to humiliate and 71 per cent experienced verbal abuse and taunting. Meanwhile, among bullied Canadians who suffered lasting harm, effects included lack of confidence, low self-esteem, depression, anger management issues and poor academic achievement. **METRO**



Seventy-eight per cent of Canadians say not enough is being done to stop bullying. **ISTOCK**

## Exclusively online

Mommy remembers when restaurant dining involved dropping \$200 on a meal she couldn't pronounce. Now it's all about free refills, paper tablecloths and a menu featuring photos of the entrees. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



# Move over Marcia, Jan has an important lesson for parents

**Failure.** A classic episode of *The Brady Bunch* shows how vital it is to let your kids realize they aren't good at everything



IT'S ALL RELATIVE  
Kathy Buckworth,  
kathybuckworth.com

I loved *The Brady Bunch* as a child, but after re-watching a certain episode, I love it even more as a parent.

It featured middle daughter Jan Brady (the family's perpetual loser) trying to discover if she had a natural born talent ... for anything.

Predictably, and much to her teen despair, she failed at many different things (ballet, tap dancing, being a drum majorette, acting in the school play).

Mom Carol Brady said to husband Mike, "Poor Jan. She's really miserable. I hate to see her going through this." To which he grunted unsympathetically. "She'll have to figure it out."

I loved this. Today, do we ever let our kids "figure it out" for themselves?



Like Jan on the *Brady Bunch*, kids have to learn that failure is a part of life. **ABC PHOTO ARCHIVES**

We constantly tell them they're good at everything, in a world where it's virtually impossible to fail a class. Or we have them participate in sports where no score is kept and no one ever loses.

On the show, it's Jan's sym-

pathetic siblings who challenge and deliberately lose to her at a number of activities — ping pong, Monopoly. But, of course, she eventually discovers what they're doing and becomes convinced she's an even bigger loser.

Is this the risk we as parents take if we continue to prop our kids up with false praise, and an "everyone's a winner at everything" attitude?

They quickly learn the truth about their talents

when they leave the house for a post-secondary education or into the real working world, where discipline and criticism can be harsh.

Preparing our children for disappointment and failure is one of the lessons we might want to have them learn at home, rather than from a disgruntled professor or angry manager.

American Idol is a great example of what can happen if you aren't honest with your children and you send them out onto the stage to fail.

My kids are terrible singers. I am a terrible singer. Their father is a terrible singer. It's just who we are, and we all know it. They won't be those show contestants who are painfully awful, but are convinced they're the next Kelly Clarkson because their mom says so.

By all means, we should be encouraging our children when they find what they're good at — we should be their biggest cheerleaders — but let's make sure we're not cheering them on to great public failure. After all, not everyone can be a perfect drum majorette like their big sister Marcia. **KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.**



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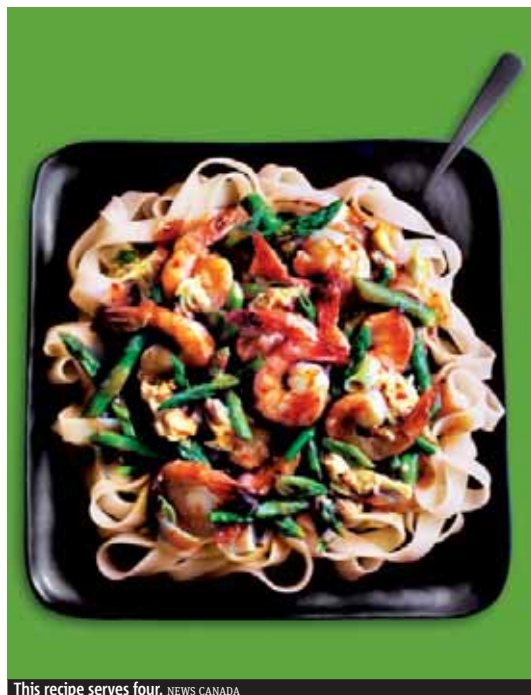
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# Tangy Shrimp, Asparagus and Egg Stir-fry beats takeout



This recipe serves four. NEWS CANADA

Why not break out of the typical weeknight routine and wow your family with a simple and delicious Asian-inspired home-cooked meal that takes very little effort?

With just a handful of ingredients, you can create an impressive dish bursting with exciting flavours.

The tangy Asian-inspired sauce mixed with fresh vegetables will make you swear off takeout for good.

To avoid overcooking the shrimp, make sure they are still undercooked before adding the eggs.

1. In a large non-stick skillet, heat the vegetable oil

over high heat. Add the cut-up asparagus and stir-fry for 4 minutes; add the thawed shrimp and cook while stirring for 3 minutes.

2. Lower the heat, add lightly beaten eggs and them let set slightly without stirring, about 1 minute.

3. Break up the eggs with a spatula, pour in the stir-fry sauce, green onions and stir to heat the mixture through, another 2 minutes.

4. Serve on cooked rice or noodles. **NEWS CANADA/ VH SAUCES**

## Ingredients

Prep time: 10 minutes  
Cook time: 10 minutes

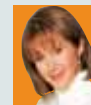
- 2 tbsp (30 ml) vegetable oil
- 2 cups (500 ml) asparagus pieces, cut into 1-inch lengths
- 1 lb (500 g) peeled medium-sized shrimp, thawed

- 2 eggs, lightly beaten
- 1 jar (355 ml) VH Szechuan Stir-Fry Sauce or the General Tao Stir-Fry Sauce
- 1/2 cup (125 ml) finely sliced green onions
- 1/2 lb (250 g) rice noodles, cooked as directed on package

## Healthy eating

### Choose it and lose it

Canned tuna offers a fix for a quick bite. But not all tuna is created equal when it comes to calories and fat content.



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### Spicy Thai canned tuna on a whole wheat bagel

490 calories / 13 g fat

Read the ingredients carefully on individual meal cans as they differ, usually due to more oil. The bagel alone has more than 300 calories.



## Equivalent

One Spicy Thai can of tuna on a whole wheat bagel is equal in calories to five spicy chicken tenders (battered) from Popeye's.



### Tomato and onion canned tuna on a whole wheat English muffin

200 calories / 3 g fat

This variety contains less oil and an English muffin has only 100 calories.



# Not your grandpa's Reuben

The legendary Reuben of yore was built on corned beef, but this recipe swaps it out in favour of smoked salmon.

And while it holds fast to the

classic version's melted cheese, it loses the untoasted rye bread in favour of a grilled panini.

Unorthodox? Guilty as charged. Scrumptious anyway?

## Ingredients

- 1/4 cup low-fat mayonnaise
- 2 tbsp chili sauce (the kind served with shrimp cocktail)
- 2 tbsp finely chopped dill pickle
- 1 tsp lemon juice
- Kosher salt and black pepper
- 8 slices rye bread

- 4 oz thinly sliced Gruyere, fontina or Swiss cheese
- 4 oz thinly sliced smoked salmon
- 14 1/2-oz can sauerkraut, drained, rinsed and gently squeezed to remove excess liquid
- 2 tbsp extra-virgin olive oil

See for yourself.

1. In bowl, combine mayonnaise, chili sauce, pickle and lemon juice. Season with salt and pepper to taste.

2. Spread one side of each slice of bread with some of the dressing. Arrange half of the cheese on 4 of the slices. Divide the salmon, sauerkraut and remaining cheese among the cheese-topped slices of bread and top each with one of the remaining bread slices, spread side down.

3. In a large skillet over medium, heat the oil until hot. Add the sandwiches and something heavy (such as a cast iron skillet, flat saucepan lid, or heat-safe plate and a weight such as a can of food) to firmly press the sandwiches down. Cook for 6 minutes per side, or until golden and the cheese has melted. Cut each sandwich in half and serve right away.

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# Embrace your CV superpowers

**Make that paper pop.** Take the 'zzz' out of 'resumé' with these three easy-to-follow guidelines

YLVA  
VAN BUUREN  
careerbear.com

In today's competitive marketplace, a winning resumé is your sales pitch. It's your first shot at convincing the potential employer that you are, hands-down, the best candidate for the job.

It's not just about listing all the jobs you've ever held, says Maureen McCann, mypromotion.ca, an award-winning resumé writer. It's about strategically highlighting your expertise and achievements — for the potential employer.

Here are some guidelines.

## Research

"Do your research about the hiring organization

### The great web of work

- Career Bear is Canada's premier source for people who want a new career, but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.
- Looking to move up? Write a resumé that'll get you noticed for that \$80,000-a-year position. Visit The Man Blog at metronews.ca to learn how.



It never hurts to write a crisp cover letter that points to some of the important features in your resumé. But keep it short and sweet, says Maureen McCann, an award-winning resumé writer. ISTOCK

so you understand what they're looking for and how to focus your information," says McCann. Talk to people in the industry, carefully read the job posting and target your message by identifying what value you have to bring to the employer's table.

## Determine a resumé style

If you're writing your own resumé, check online for resumé templates that you can start with — and then revise one to make it your own. The website youth.gc.ca explains that there are three basic styles:

- A functional resumé focuses on skills, highlighting transferable skills gained from previous jobs, activities, experiences or volunteer work. This is recommended if you do not have a long work history.

- A chronological resumé focuses on work history, showing work experience and focusing on positions you've had and responsibilities and accomplishments. It's usually organized with the most recent information first.

- A combination style combines elements of both but also includes dates, titles and other information from different positions. This is a good style when you want to prioritize your skills but also demonstrate how your career has evolved.

## Use an easy-to-read style

Breaking out information into small separate sections with specific headings is always easier to scan and read. You could start with a value proposition, says McCann.

"I might describe some-

one as 'strategic, outgoing or award winning'... and then go into describing things that I know the employer is looking for."

If you know the company wants someone with five key skills, says McCann, be sure to list those five skills upfront.

## Demonstrate your qualities

Include the functions you did in your past jobs, but also describe how what you did helped to change or improve the organization, says McCann. For example, your strategy helped improve sales by 30 per cent. Use action words to describe how you contributed to the company's success.

## Presentation is everything

If a hard copy is required, be sure the resumé is clean and printed on white regular letter-sized paper (8.5 by 11-inch). If an electronic version is called for, be sure to include links to your LinkedIn or other professional online profiles. And make sure spelling and grammar are perfect.

## Make every word count

Try to keep your entire resumé to one to two pages. Edit information that isn't necessary. For example, if listing personal interests does not somehow align with what's valuable to a potential employer, then leave them out.

## YOUR CAREER IN TECHNOLOGY

- Web Designer
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## The In-Credibility Factor



Alex Hyssen and his business partner Andrew Lenjosek agree that any successful business must start with a solid team dynamic. PROVIDED

**Name:** Alex Hyssen and Andrew Lenjosek  
**City:** Toronto  
**Age:** 23  
**Occupation:** Co-Founders of Koge Vitamins

They had it all, successful careers, money and freedom. But Andrew Lenjosek gave up his job on Wall Street in New York and Alex Hyssen left his sales analyst job to start their own company. Their plan is to simplify the vitamin buying experience while

## sionate about.

It's hard to find the courage to "veer off the path" and start a company from scratch when all of your friends are working in safe and stable professional jobs. When you've grown into a fully operational company, you certainly won't look back and regret taking a chance on something you believed in, even if the ride was bumpy.

## Choose your partners wisely

You're going to be "married" to the people you start your company with, so getting along is a must. Pick individuals you trust and who you believe are honest. Your partners need to be willing to put everything on the line, work extremely hard and be just as determined as you in order to succeed.

## Be resourceful

Reach out to everyone you know, make the choices that add the most value and focus on testing your concept before you start to unload the big bucks on features that aren't critical.

dramatically reducing prices for consumers. Putting their life savings into the venture, they are ready to launch and the early buzz has this start-up ready to explode out of the starting gate.

## We knew we were on our way...

"When we launched our social media campaign," says Lenjosek. "Within two weeks, our outreach added more than 10,000 people to our sign-up list through our website landing page. We received dozens of emails from people who expressed support for our cause — a few even asked us about investing and/or joining the team!"

Hyssen adds, "The initial reaction of all of these people, particularly people we had never met before, proved to our team that our goals were desirable and absolutely within reach, and that we were on track to achieving them."

## Action Plan:

Focus on what you're pas-



Andrew Lenjosek. PROVIDED

# Could their work woes mean something serious?

## The lows of labour.

Learn to spot the signs of staff discontent before they lead to staff dissent

JULIA WEST

Metro World News in Philadelphia

There's a difference between an employee with the Monday blahs and one who is continuously unhappy and disengaged. Not only should employers be able to spot the difference, they should know how to reverse the problem before it's too late.

**Sign: Distrust of management**

"If you find that your employees trust politicians more than your senior management, you have a problem," says Morgan Norman, founder and CEO of Work-Simple.

This can lead to poor productivity.

"If employees aren't trusting," he adds, "they

won't put themselves into their work."

## Solution:

## Cultivate a culture of trust

When you provide a safety net for your workers, they are more apt to try new ideas and produce better results. Show them that you believe in their work.

## Sign: Long lunches and increased absences

If you notice an employee who can barely show up for work, you are likely seeing someone who is not interested. "This may be a sign that someone is using the time for job interviews," warns Christine Endres, Branch Manager for Robert Half International in Philadelphia.

## Solution: Re-evaluate this person's work

Could this be a matter of someone who is simply overworked and under-appreciated? Are they getting the recognition that they fairly deserve?

"Failure to recognize employee achievements, excessive workloads for long periods of time and fear of job loss can negatively impact employee morale," says Endres.

Take action and communicate before you risk losing a dedicated worker.



## Health Career Programs INFO NIGHT

February 12, 2013 | 6:00 pm

### Discover the great career opportunities available in Health Care

Get answers on admission process and tuition costs

Find out about scholarships, bursaries, awards and student loan funding

Choose 2 program-specific break-out sessions to attend per evening:

- Practical Nurse diploma
- Health Care Aide certificate
- Pharmacy Technician diploma
- Physical Therapy Assistant diploma
- Therapeutic Recreation certificate or diploma
- Hospital Unit Clerk certificate
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## Asleep at the wheel?

## Sign: Low energy level

- Have an employee who drags his or her feet day in and day out? "While it may be unrelated to the workplace, a change in attitude could be indicative of an ominous burnout," explains Amanda Augustine of career website TheLadders.com.

## Solution: Talk it out

- This person may need a better work-life balance. "When you understand what matters most to your employee, then you can understand what can be done to improve their level of satisfaction," Augustine adds. Listening and allowing the person to speak freely can certainly be an asset in this sort of situation.



Give the poor guy a sign that you know he's going the extra mile. ISTOCK



# Craft creation can make for one powerful playtime activity

**Building up the brain.** Education can start with a simple combo of paper, glue and modelling clay

Keeping kids entertained can be quite a task on those chilly, winter snow days home from school. When it's too cold to continue playing outside, try engaging kids in a fun yet educational project that will also help develop essential life skills.

With fewer skilled trade workers as role models today, many kids have never been exposed to using tools. Building a project together helps adults bond with children while instilling confidence and new skills such as problem solving, math and coordination.

While parents may be reluctant to permit young children to build or use tools, research indicates that much of the early brain development comes from using our hands. Mag Ruffman, Canada's self-proclaimed "tool girl", recently produced a series of videos for Lowe's featuring simple yet fun projects parents can do with their kids at home. Ruffman explains that if kids can get their hands on

tools and materials in their first five or six years, it can help their brains develop neural pathways that can improve their intelligence and abilities for the rest of

their lives.

"When you think back on your childhood, it's those things you built with your own hands that have the greatest resonance," she

says.

"That is the goal of what we call the Lowe's Family Fun Projects. We're doing everything we can to help kids and parents build life-

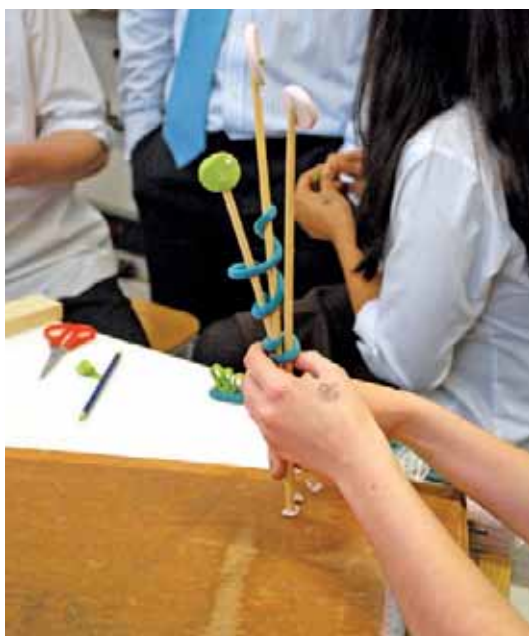
long memories in that timeless world of creativity. The more creative and innovative our kids are, the better this world will become."

NEWS CANADA

## Touch and teach

**"When you think back on your childhood, it's those things you built with your own hands that have the greatest resonance."**

Mag Ruffman  
Producer of Lowe's Family Fun Projects



The growing trend of online resources that feature inspiring projects and crafts ensure that parents don't have to be DIY experts in order to take part in fun activities with their children. FLICKR / JORDANHILL SCHOOL D&T DEPT

# ? info week

**FEBRUARY 11-14, 2013**

**6:00 & 7:15 PM NIGHTLY**

Info Week is a series of free, program-specific information sessions that zero in on more than 75 program choices. The career focus changes each evening, so plan to come on the night that interests you most. Sessions start at 6:00 pm and repeat at 7:15 pm nightly on Main Campus. Parking is free.

Visit the website for details of programs and session locations.

## MONDAY, FEBRUARY 11

- Business & Administration (10 programs)
- Hospitality & Culinary Arts (4 programs)
- Media & Design (6 programs)

## TUESDAY, FEBRUARY 12

- Engineering Technologies (13 programs)
- IT & Electronics (7 programs)

## WEDNESDAY, FEBRUARY 13

- Building Construction & Design (4 programs)
- Environmental Management (9 programs)
- Skilled Trades (7 programs)

## THURSDAY, FEBRUARY 14

- Animal Studies (2 programs)
- Health Sciences (17 programs)

## EXTRA INFO EVERY NIGHT

- Take a campus tour! Tours leave from the Bookstore entrance at 5:15, 6:00 and 7:15 pm nightly.
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Edmonton Oilers goaltender Devan Dubnyk reaches to knock away a rebound from Artem Ansimov of the Columbus Blue Jackets on Sunday in Columbus, Ohio. Dubnyk stopped 39 shots as Edmonton defeated Columbus 3-1. KIRK IRWIN/GETTY IMAGES

# Dubnyk slams brakes on Oilers' losing skid

**NHL.** Go-ahead goal scored by Paajarvi while short-handed

Devan Dubnyk held things down on his end of the ice, and his Edmonton Oilers teammates took advantage of just enough opportunities to end their five-game losing streak.

Magnus Paajarvi scored a go-ahead short-handed goal with 3:10 remaining and Dubnyk made 39 saves to lift Edmonton past the Columbus Blue Jackets 3-1 on Sunday night.

"You need a goalie to steal one for you once in a while," Edmonton coach Ralph Krueger said. "We were really flat as

a team and he was just world class and outstanding all the way through. He stuck with it even after it was 1-1. He was our leader today in every category."

Sam Gagner added an empty netter — Edmonton's second goal on just three third-period shots — and assisted on the game-winner. Ales Hemsky scored in the first period for the Oilers, who still have earned points in four of their last six.

"A little more work than usual," said Dubnyk, who tracked the puck well all game, particularly on Columbus' seven power plays. "But that's how you have to win games sometimes. That's my job to stop whatever comes at me."

Gagner also gave all the

On Sunday

3

Oilers

1

Blue Jackets

credit to the game's No. 1 star.

"We were pretty flat for most of the night coming off a back-to-back," he said referring to Saturday's 2-1 loss in Detroit. "We just didn't have our legs for whatever reason. Dubbie was unbelievable for us. He made some great saves and really kept us in it."

R.J. Umberger finally scored his first of the season to tie it in

the third for Columbus, which lost its third straight despite outshooting the Oilers 40-14 overall and 15-3 in the third period.

"Tonight was definitely our highest-scoring chance game that we created," Blue Jackets coach Todd Richards said. "The goalie was the difference in the game."

Dubnyk seemed poised for his fifth career shutout until Umberger broke through. He stepped around Hemsky and Gagner before scoring with a low shot from the slot at 9:43.

"Sometimes to get out of a funk like that you need a win like this — which is ugly, roll your sleeves up and play to the end," Krueger said.

THE ASSOCIATED PRESS

NHL

## Red Wings get game-winner with 5 seconds left

The Detroit Red Wings have put together their best streak of the lockout-shortened season, winning three straight in a span of four days that included the puck dropping twice in less than 24 hours.

Detroit defeated the Los Angeles Kings 3-2 Sunday on a game-winning goal from Jonathan Ericsson with five seconds left — less than a minute after the defending Stanley Cup champions tied the game.

With Los Angeles goaltender Jonathan Quick pulled for an extra skater, Alec Martinez jumped on a rebound and scored past Jimmy Howard to make it 2-2 at the 19:07 mark of the third period.

With Quick back in, the Kings failed to clear the puck and Ericsson took advantage with a slap shot from above the right circle that trickled in for the win.

THE ASSOCIATED PRESS

NHL

## Blackhawks remain unbeaten in regulation

Marcus Kruger and Jonathan Toews scored 66 seconds apart in the second period, and the Chicago Blackhawks remained the NHL's lone undefeated team in regulation by beating the Nashville Predators 3-0 Sunday night.

Patrick Kane also added a goal in the third as the Blackhawks wrapped up their season-high six-game road trip with their fourth straight win and improved to 10-0-2 overall and 8-0-2 away from Chicago. Goalie Corey Crawford got Chicago's first shutout of the season making 17 saves.

THE ASSOCIATED PRESS

# Will NHL bare teeth at Maple Leafs forward?

**NHL.** Disciplinary hearing set for Mikhail Grabovski over alleged biting incident

Mikhail Grabovski seems to have given hockey fans and the NHL something to chew on.

The Maple Leafs forward got a one-day reprieve when his hearing with NHL disciplinarian Brendan Shanahan over an alleged biting incident was delayed.

Grabovski and Shanahan

will discuss over the phone on Monday — scheduled for 11 a.m. — just what happened Saturday in the third period when Montreal's Max Pacioretty grabbed Grabovski from behind and twisted his head. Grabovski responded by appearing to chomp on Pacioretty's arm.

No reason was given for the delay — it was originally scheduled for Sunday — but the league is certain to come to a decision before the Leafs play the Philadelphia Flyers on Monday evening at the Air Canada Centre.

Grabovski could be sus-

Quoted

"I'm very confident (he didn't bite Pacioretty). The bottom line is, it has to be conclusive."

Toronto Maple Leafs coach Randy Carlyle on an alleged biting incident involving Leafs forward Mikhail Grabovski.

pended or fined, or both. Neither Grabovski nor Pacioretty spoke after the game, nor did Grabovski speak to reporters after Sunday's practice at the MasterCard Centre.

TORSTAR NEWS SERVICE



Montreal Canadian Max Pacioretty, right, shows his arm to a referee following an incident with Toronto Maple Leaf Mikhail Grabovski as Canadiens' goalie Carey Price looks on Saturday in Montreal. GRAHAM HUGHES/THE CANADIAN PRESS



# B.C.'s Brown wins women's gold medal

**Canadian junior curling championships.** Kamloops rink made up of 17-year-olds double up on Manitoba and will represent the country in Russia

Corryn Brown's Kamloops team defeated Manitoba's Shannon Birchard 6-3 on Sunday night to win the women's Canadian junior curling championships.

Brown's team of 17-year-olds — third Erin Pincott, second Sam Fisher and lead Sydney Fraser — will represent Canada later this month at the world juniors in Sochi, Russia.

It was B.C.'s first gold medal at the tournament since 1987 when Julie Sutton won her second straight with a victory in Prince Albert, Sask.

"It feels incredible," said Brown. "It hasn't really sunk in too much right now. But it's just unbelievable. Going to Russia is going to be incredible, and having the Maple Leaf on our back is going to be even better. I could not be more proud of these girls."

## Men's draw

Matt Dunstone's Manitoba rink won the men's title at the Canadian junior curling championship on Saturday night with a 4-3 victory over Alberta's Thomas Scoffin.

- It's Manitoba's first gold medal since 2002, when Winnipeg's David Hamblin

It was a tight first five ends, with B.C. taking a 1-0 lead with a single point in the fourth when Brown made an open hit while looking at three Manitoba counters.

Birchard responded in the sixth when she made a cold draw to the four-foot to score two and take her first lead of the game.

But B.C. answered back in the seventh as Brown made a spectacular triple takeout to score three and take a 4-2 lead.

"We were fortunate enough to have that set up, and we thought the worst we can do if I miss it is give up one," said Brown. "So we thought the benefits outweighed the risks. We tried and ended up making it."

In the eighth end, Birchard was looking at five B.C. rocks in the rings, but coolly drew to bite a piece of the button to score one and cut Brown's lead to 4-3.

Brown made an open hit for a single in the ninth to restore her two-point lead.

In the 10th, Birchard had a runback double takeout to score two and force an extra end, but the rock jammed, giving B.C. a steal and the victory.

THE CANADIAN PRESS



Manitoba skip Shannon Birchard watches her shot during the semifinal match against Ontario at the M&M Meat Shops Junior Curling Championships in Fort McMurray, Alta., Sunday. Birchard lost to B.C.'s Corryn Brown 6-3 in the final.

MICHAEL BURNS PHOTOGRAPHY/MARK O'NEILL/THE CANADIAN PRESS

## Figure skating. Duhamel, Radford ascend to win first international gold

Canadians Meagan Duhamel and Eric Radford captured their first international pairs title, winning gold at the Four Continents figure skating championships Sunday.

Duhamel, from Lively, Ont., and Radford, from Balmer town, Ont., weren't pleased with their score of 199.18 points, but it was enough to top teammates Kirsten Moore-Towers and Dylan Moscovitch.

They became the first Canadians to claim this title since Jamie Sale and David Pelletier in 2002.

"We are disappointed," Duhamel said. "We know we are capable of skating much better. We want to show an improved long program at the world championships. We felt confident going in but once



Meagan Duhamel and Eric Radford perform on Sunday in Osaka, Japan. AYSUSHI TOMURA/GETTY IMAGES

the music started it just became a struggle."

Duhamel and Radford, who skated to Angel, had to fight for their landings on their side-

by-side triple Lutzes.

Moore-Towers, from St. Catharines, Ont., and Moscovitch, from Waterloo, Ont., scored 196.78. They won Sunday's free skate but couldn't overtake Duhamel and Radford, who built up a lead in winning the short program.

Canada's two-time world ice dance champions Tessa Virtue and Scott Moir lost to American rivals Meryl Davis and Charlie White for the second consecutive competition.

Virtue and Moir had a strong start to their sizzling Carmen program, but had to stop about three minutes in when Virtue felt a cramp in her leg. The Canadians were able to resume a couple of minutes later. THE CANADIAN PRESS

## Skiing

### Vonn goes under knife for right knee

The surgeon who operated on Lindsey Vonn's right knee was "optimistic for a full recovery" after she shredded two ligaments during a crash last week at the world championships.

Dr. Bill Sterett, a physician for the U.S. Ski Team, performed the procedure on the four-time overall World Cup champion Sunday in Vail, Colo. In a release issued by the ski team, Sterett said the surgery went well and that she was resting comfortably.

Sterett didn't have a return date to skiing for Vonn, but other doctors believe she could be sidelined for up to eight months.

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# Raptors bench answers Casey's wake-up call



Toronto Raptor Rudy Gay, right, shoots on New Orleans Hornet Ryan Anderson Sunday in Toronto. CHRIS YOUNG/THE CANADIAN PRESS

## NBA. Recent addition Rudy Gay continues to lead Toronto in scoring

When Raptors coach Dwane Casey issued a challenge to his second unit during half time, the message wasn't lost on John Lucas.

The backup point guard scored 10 of his 19 points in the fourth quarter as Toronto defeated the New Orleans Hornets 102-89 Sunday.

Casey wasn't pleased to see an 11-point Toronto lead in the second quarter quickly erased as the Hornets went on a 10-0 run with the Raptors' second unit on the floor.

"We struggled a little bit in the first half where the second unit gave up a lead," Casey said. "I challenged them about coming in and being ready to play, perform; you can't play your starters 48 minutes, and they came in and performed in the second half."

Alan Anderson added 11 off the bench as Toronto (19-32) won its second straight and im-

### On Sunday

102

Raptors

89

Hornets

proved to .500 at the Air Canada Centre this season (13-13).

"He just called us out point blank, called us out and that's what we needed, a wake-up call," said Lucas. "We all talked in the locker room and said look, when we go back out there, we're starting with as much energy as we can — just leave everything we have on the court, cause our first unit gave it everything they had so it's time for us to step up too."

Rudy Gay had a game-high 20 points and Kyle Lowry added 14 points and 10 assists.

Jonas Valanciunas, who was making his first start since missing 18 games with a broken finger, had 11 points 10 rebounds for Toronto.

THE CANADIAN PRESS

### NBA

## James stays hot for heat in win over L.A.

LeBron James scored 32 points on 12-for-18 shooting, Dwyane Wade scored 30 and the Miami Heat beat the Los Angeles Lakers 107-97 on Sunday for their fifth straight win.

It was James' fifth straight game with at least 30 points, a franchise record. He's shot better than 60 per cent in all five of those games.

Mario Chalmers scored 13 and Chris Bosh finished with 12 points and 11 rebounds for the Heat.

Kobe Bryant had 28 points and nine assists for the Lakers, who also got 18 points from Earl Clark.

THE ASSOCIATED PRESS



LeBron James on Sunday.

GETTY IMAGES

### NHL

#### EASTERN CONFERENCE

##### ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
New Jersey	12	8	1	3	33	24	19
Pittsburgh	13	8	5	0	41	32	16
NY Rangers	11	6	5	0	29	27	12
Philadelphia	12	5	6	1	29	33	11
NY Islanders	11	4	6	1	32	37	9

##### NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	10	8	1	1	29	21	17
Toronto	12	7	5	0	34	31	14
Ottawa	12	6	4	2	31	23	14
Montreal	11	6	4	1	31	30	13
Buffalo	13	5	7	1	39	46	11

##### SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	11	6	5	0	43	32	12
Carolina	10	5	4	1	28	30	11
Winnipeg	11	5	5	1	30	37	11
Florida	11	4	6	1	25	40	9
Washington	12	3	8	1	30	41	7

**WESTERN CONFERENCE**

#### WESTERN CONFERENCE

##### CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	12	10	0	2	42	25	22
Detroit	12	7	4	1	33	32	15
Nashville	12	5	3	4	24	26	14
St. Louis	11	6	4	1	38	36	13
Columbus	12	3	7	2	24	39	8

##### NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	11	7	2	2	33	24	16
Edmonton	12	5	4	3	28	30	13
Minnesota	11	5	5	1	24	29	11
Calgary	9	3	4	2	25	33	8
Colorado	10	4	6	0	21	26	8

##### PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	11	8	2	1	39	31	17
San Jose	11	7	2	2	34	22	16
Dallas	12	6	5	1	26	28	13
Phoenix	12	5	5	2	32	32	12
Los Angeles	10	3	5	2	22	31	8

**Note:** A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

**Sunday's results**  
Detroit 3 Los Angeles 2  
Edmonton 3 Columbus 1  
Boston 3 Buffalo 1  
NY Rangers 5 Tampa Bay 1  
New Jersey 3 Pittsburgh 1  
Chicago 3 Nashville 0

**Saturday's results**  
Philadelphia 4 Carolina 3 (OT)  
New Jersey 3 Pittsburgh 1  
Winnipeg 1 Ottawa 0  
Detroit 2 Edmonton 1

**Monday's games — All Times Eastern**  
Carolina at NY Islanders, 7 p.m.  
Philadelphia at Toronto, 7 p.m.  
San Jose at Columbus, 7 p.m.  
Los Angeles at St. Louis, 8 p.m.  
Phoenix at Colorado, 9 p.m.  
Minnesota at Calgary, 9 p.m.

**Tuesday's games**  
Carolina at New Jersey, 7 p.m.  
NY Rangers at Boston, 7:30 p.m.  
Montreal at Tampa Bay, 7:30 p.m.  
Buffalo at Ottawa, 7:30 p.m.  
Washington at Florida, 7:30 p.m.  
Philadelphia at Winnipeg, 8 p.m.  
San Jose at Nashville, 8 p.m.  
Anaheim at Chicago, 8:30 p.m.  
Dallas at Edmonton, 9:30 p.m.  
Minnesota at Vancouver, 10 p.m.

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Cameron Tringale, \$65,000

Jordan Spieth, \$65,000

Alise

Brad Fritsch, \$24,700

Mike Weir, \$15,184

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## Horoscopes

### Aries

March 21 - April 20

Act with restraint today, even though someone you have dealings with deserves to be criticized. If you react too aggressively your words could have consequences you will not enjoy. Keep those sarcastic remarks to yourself.

### Taurus

April 21 - May 21

There is no point chasing after something too eagerly today, because the planets warn you are unlikely to catch up with it. Pretend you are not too bothered whether or not you get it – then you won't be disappointed.

### Gemini

May 22 - June 21

You may be in the mood for fun and games (as usual) but those around you don't seem to be in the mood to play. How frustrating. Just this once it looks like you will have to entertain yourself.

### Cancer

June 22 - July 23

Someone may try to intimidate you today but you must not let them see they are getting to you. Fortunately Cancers are very good actors, so make like you don't care and they will leave you alone.

### Leo

July 24 - Aug. 23

A battle of wills is likely. What you want to do is at odds with what a loved one wants to do. So what is the answer? Go your own ways and do your own things. You don't have to do everything together.

### Virgo

Aug. 24 - Sept. 23

Venus, planet of values, is linked to Saturn, planet of limitation, so most likely you will be prevented from doing something you want to do. By the end of the week you will realize it actually worked in your favor.

### Libra

Sept. 24 - Oct. 23

Don't waste time arguing about who thought of something first – you should be pulling together and making it work. It does not matter where ideas come from, it matters only what you do with them.

### Scorpio

Oct. 24 - Nov. 22

The important thing today is that you stay in control of your emotions. If you let other people get under your skin bad feelings could escalate quickly and there is no telling where you might end up. In the cells overnight?

### Sagittarius

Nov. 23 - Dec. 21

There are so many ideas running through your head that it's getting confusing. What you must do is sit down with a pen and notebook and write them all down. Only then can you start to make sense of your life.

### Capricorn

Dec. 22 - Jan. 20

Although you generally like things to stay as they are what happens today and over the coming week will remind you that nothing in life is permanent – and that's a good thing. Change works for you, so embrace it.

### Aquarius

Jan. 21 - Feb. 19

If someone you are fond of is moody and uncommunicative today don't try to push them. Give them the space they need to work out their problems and by this time tomorrow they will be bubbling again.

### Pisces

Feb. 20 - March 20

A project you had high hopes for has not worked out so well, which is disappointing, but don't be too unhappy about it. What did it teach you? There is always something you can carry on to the next task.

SALLY BROMPTON

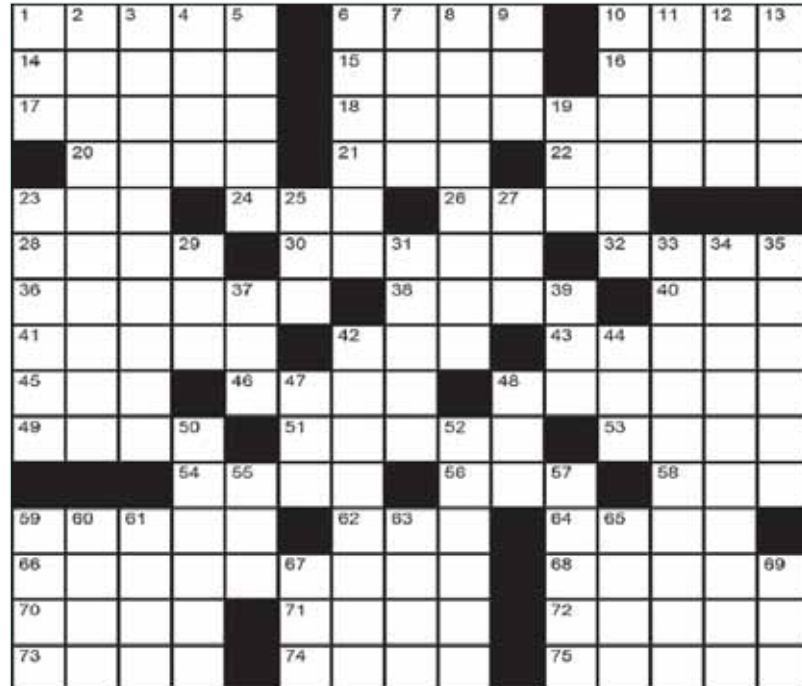
## Crossword: Canada Across and Down

### Across

1. Quebec's \_\_ Peninsula
6. Vogue and People, for short
10. The Grapes of Wrath family
14. Three: French
15. Film director Mr. Petri
16. Greasy
17. Dazes
18. Nova Scotia university
20. FOX musical dramedy
21. Geog. feature
22. Apprehension
23. Nuke
24. "Making Plans for Nigel" band
26. Business subj.
28. Util. bill
30. "One \_\_ (the Body)" by The Rolling Stones
32. Spheres
36. Woolly camel-like animal
38. Lawyers, for short
40. Granola bit
41. Cartoon skunk Pepe: 2 wds.
42. 'Advert' suffix
43. Beatrice Arthur sitcom
45. Metal-bearing mineral
46. Royal Canadian \_\_
48. Quandary
49. Ms. Banks
51. West: French
53. Ex-ruler of Iran
54. Connect
56. Pas' partners
58. Duran Duran hit
59. "Hang Ten" singer
62. Moo \_\_ pork (Takeout dish)
64. Coconut fibre
66. Northwest Passage searcher, Sir Martin \_\_
68. Mr. McDowall of movies
70. Ms. Hatcher
71. Territory
72. Close by, to a poet
73. Director Mr. Mendes, and others
74. Li'l instruments
75. Busey and Sinise

### Down

1. Lettered Mustang cars
2. AGO = \_\_ of Ontario

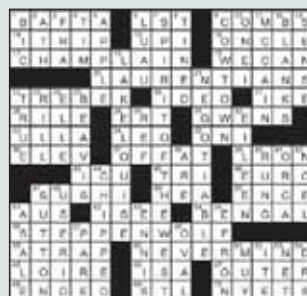


3. Albert Schultz is the Founding Artistic Director of this Toronto theatre company
4. Tree type
5. County in England
6. Renaissance family of influence
7. Regrettably
8. Razors brand
9. Fifth music note, variantly
10. Reporter, for short, Brit-style
11. Van Gogh's Bank of the \_\_ at Auvers
12. Et \_\_ (And others, in Latin)
13. Tinted
19. Prefix with 'meter'

23. Fanatic
25. 1996 Snoop Dogg album: ' \_\_ Doggfather'
27. Cottage bed
29. Flight simulators co. headquartered in Saint-Laurent, QC
31. Flavour
33. Saskatchewan player
34. Covering up with a hat reason: 3 wds.
35. Prefix to 'scope'
37. Uniquely-spelled mountain basin
39. Clothing sizes letters
42. Stone land marker of the Inuit

- to guide Arctic travellers
44. Three-toed sloths
47. Suffix to 'Opt'
48. Harper Valley, e.g.
50. Courtroom cover stories
52. Blue cartoon creatures
55. Pasta names suffix
57. Neck, slang-style
59. Terrestrial stage newts
60. Ms. de Matteo
61. Earth crawler
63. Present
65. Charlie Chaplin's last wife
67. Actor Mr. Townsend, to pals
69. 12-month periods

## Friday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku



## Weather

### TODAY



MAX: 3°  
MIN: -4°

### TUESDAY



MAX: 4°  
MIN: -2°

### WEDNESDAY



MAX: 2°  
MIN: -7°



**MICHELE MCDUGALL**  
WEATHER SPECIALIST

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing. Keeping forecasters on their toes." **WEEKDAYS 5:30 AM**



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CLEAROUT

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#7271

LEASE ME  
**\$117 B/W**  
OWN ME  
**\$99 B/W**



#2102

**NEW 2013 DODGE RAM 1500 QUAD 4X4 SXT**

Reg: \$40,639  
Discount: \$13,141

**CLEAROUT: \$27,498** LEASE ME **\$174 B/W** OWN ME **\$157 B/W**



#3806

**NEW 2012 RAM 1500**

Reg: \$28,869 Discount: \$10,879

**CLEAROUT: \$17,990**

LEASE ME **\$128 B/W** OWN ME **\$105 B/W**



#7581

**NEW 2012 FIAT 500**

Reg: \$17,994 Discount: \$4,504

**CLEAROUT: \$13,490**

LEASE ME **\$89 B/W** OWN ME **\$79 B/W**



#6968

**NEW 2013 DODGE AVENGER**

Reg: \$21,189 Discount: \$6,199

**CLEAROUT: \$15,990**

LEASE ME **\$114 B/W** OWN ME **\$94 B/W**



#3077

**NEW 2013 DODGE GRAND CARAVAN**

Reg: \$30,319 Discount: \$9,421

**CLEAROUT: \$20,898**

LEASE ME **\$139 B/W** OWN ME **\$120 B/W**



#2750

**NEW 2013 DODGE JOURNEY**

Reg: \$23,669 Discount: \$2,971

**CLEAROUT: \$20,698**

LEASE ME **\$139 B/W** OWN ME **\$119 B/W**



#8322

**NEW 2012 DODGE JOURNEY R/T AWD**

Reg: \$36,694 Discount: \$7,704

**CLEAROUT: \$28,990**

LEASE ME **\$195 B/W** OWN ME **\$170 B/W**

LEATHER,  
S/ROOF



#4808

**NEW JEEP PATRIOT NORTH 4x4**

Reg: \$29,214 Discount: \$5,224

**CLEAROUT: \$23,990**

LEASE ME **\$168 B/W** OWN ME **\$140 B/W**



#5999

**NEW JEEP GR CHEROKEE LTD EDITION**

Reg: \$53,044 Discount: \$10,054

**CLEAROUT: \$42,990**

LEASE ME **\$266 B/W** OWN ME **\$251 B/W**



#6759

**NEW RAM 1500 CREW LARAMIE 4X4**

REG: \$55,004 DISCOUNT: \$17,014

**CLEAROUT: \$37,990**

LEASE ME **\$261 B/W** OWN ME **\$222 B/W**



#1057

**NEW 2013 DODGE RAM QUAD CAB SLT**

Reg: \$46,534 Discount: \$16,544

**CLEAROUT: \$29,990**

LEASE ME **\$187 B/W** OWN ME **\$176 B/W**

BUCKETS  
and 20s



#3385

**NEW 2012 RAM 2500 LONGHORN CREW 4x4**

Reg: \$63,634 Discount: \$14,644

**CLEAROUT: \$48,990**

LEASE ME **\$305 B/W** OWN ME **\$288 B/W**



#7081

**NEW 2012 DODGE 2500 POWERWAGON 4x4**

Reg: \$53,914 Discount: \$12,924

**CLEAROUT: \$40,990**

LEASE ME **\$264 B/W** OWN ME **\$240 B/W**



#5198

**NEW 2012 RAM 3500 LARAMIE CREW CUMMINS 4x4**

Reg: \$73,914 Discount: \$18,924

**CLEAROUT: \$54,990**

LEASE ME **\$348 B/W** OWN ME **\$322 B/W**



#3876

**NEW 2012 RAM 3500 CREW SXT 4X4 CUMMINS DUALY**

Reg: \$62,834 Discount: \$16,844

**CLEAROUT: \$45,990**

LEASE ME **\$292 B/W** OWN ME **\$269 B/W**



Mike Tabler



Brad McDonald



Bill Senchuk



Aaren Schroeder



Keith Bedard



Dale Sauer



Ron Blonar



Willy Cudmore



Todd Anstead



Dave Welch



Paul O'Mara



Mauricio Roa



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